

MENU

Summer menu

Week 1 - Sample

	Snack	Lunch	Tea
Monday	Bread sticks Milk/ water Diced Fruit	Macaroni and cheese with peas. Fairy Cakes	Filled croissants & Veg sticks Fruit Salad
Tuesday	Rice cake Milk/ Water Mixed fruit	Spring chicken casserole with dumplings & Fruit	Veg Muffins Veg sticks Banana & Custard
Wednesday	Crumpets Milk/ water Fruit salad	Risotto bake/ ham & cheese Apple & Pears cinnamon wedges	Sandwiches Veg Sticks Mixed fruit
Thursday	Muffin and Cheese Milk/ Water Fruit salad	Spinach & Ricotta pie, roast potatoes Greek yoghurt & Fruit	Rainbow cous-cous bites with veg Mixed fruit
Friday	Tea Cakes Milk/ water Fruit salad	Homemade fish goujons with Broccoli & Hash brown Fruit salad	Pasta Salad Banana loaf